**TOPICS**

1. **Contraception related reviews**

**a. General (not specific to one method)**

**Methods:**

* any method vs any other method

**Management issues related to contraceptive use:**

* information, counselling
* timing (interval/antenatal/postnatal/postabortion)
* materials used (direct counselling, information)
* prescription policies (over-the -counter, healthworkers)
* preprescription screening (e.g. hypertension, cervical cancer, clotting defects etc)

1. **Combined contraceptive methods**

**Methods**

* type of estrogen
* dose of estrogen
* type of progestogens
* dose of progestogens
* mono- vs, biphasics vs, triphasics vs sequential
* route of delivery (oral, transdermal, vaginal, per injection, etc)
* regimen (eg 21/7, 22/6, etc pills per month; 84/7 pills)

**Management**

* information, counselling
* prescription policies (over-the -counter, healthworkers)
* preprescription screening (e.g. hypertension, cervical cancer, clotting defects etc)
* management of side effects.

1. **Progestogen only contraceptive methods**

**Methods**

* long acting: implantables
* injectable progestogens (different types of progestogens)
* progestogen only pills, ring

**Management**

* information, counselling
* prescription policies (over-the -counter, healthworkers)
* preprescription screening (e.g. hypertension, cervical cancer, clotting defects etc)  
  management of side effects

1. **Intrauterine devices**

**Methods**

* inert
* copper
* hormonal impregnated
* framed/frameless

**Management**

* information, counselling
* timing of insertion
* antibiotics use for IUD insertion
* screening for STIs before IUD insertion
* management of side effects

1. **Barrier methods**

**Methods**

* types
* condoms (male/female), spermicides, diaphragm, cervical caps

**Management**

* information, counselling
* side effects

1. **Natural methods**

**Methods**

* types

**Management**

* information, counselling
* side effects

1. **Female sterilisation**

**Methods**

* abdominal /vaginal entry methods
* techniques
* anaesthetic methods

**Management**

* information, counselling, consent
* side effects; postoperative pain relief

1. **Male contraceptive methods**

**Methods**

* hormonal
* immunological
* sterilisation

**Management**

* information, counselling
* side effects

1. **Emergency contraception**

**Methods**

* estrogen/progestogen
* progestogen only
* estrogen only
* antiprogestogen
* IUD

**Management**

* prescription policies (over-the-counter, medical prescription, school nurses)
* counselling, information (leaflets, peers etc)
* management of side effects

1. **Contraception in people with specific characteristics or history of (WHO Medical Eligibility Criteria (2015):**

* diabetes or other endocrinological disorders
* hypertension
* thromboembolic disease
* gynaecological cancer
* nulliparity
* sexworkers
* smokers
* perimenopausal
* adolescents
* previous history of STI

1. **Abortion related reviews**
2. **First trimester induced abortion**
3. ***General***

**Methods**

* any method vs any other method

**Management**

* counselling and information
  + on abortion methods
  + on contraceptive methods
* surveillance and care after the procedure (e.g. bath)
* antibiotic use
* oxytocic use
* ultrasound (routine/dates), (before/after)
* contraceptive use (immediate vs delayed/type)
* routine counselling by eg. psychiatrists

1. ***Medical vs medical methods for abortion***

**Methods**

* type, dose, route of administration of medication used

**Management**

* information, counselling
* analgesia used (during/after)
* contraceptive use after (timing, type)
* hospital vs home administration
* side effects

1. ***Medical vs surgical***

**Methods**

* type, dose, route of administration of medical methods
* type of surgical method (aspiration, D&C)

**Management**

* anaesthesia used
* analgesia used (during/after)
* side effects

1. ***Surgical vs surgical***

**Methods**

* vacuum aspiration
* D&C
* combined
* manual vacuum aspiration
* ultrasound guided evacuation

**Management**

* information, counselling
* anaesthesia used
* analgesia used (during/after)
* office/vs hospital
* antibiotic use (route/dose/type,/duration of antibiotic)
* cervical ripening (type/route of administration/dose/timing)
* oxytocic use (during/after)
* side effects

1. **Second trimester induced abortion  
   *i. General***

**Methods**

* any method vs any other method

**Managemen**t

* counselling and information
  + on abortion methods
  + on contraceptive methods
* surveillance and care after the procedure (e.g. bath)
* routine antibiotic use
* contraceptive use (immediate vs delayed/type)
* routine counselling by eg psychiatrists
* side effects

***ii. Medical vs medical methods for abortion***

**Methods**

* type, dose, route of administration of medication used

**Management**

* information, counselling
* analgesia used (during/after)
* contraceptive use after (timing, type)
* hospital vs home administration
* ultrasound (routine/dates), (before/after)
* side effects

***III. Medical vs surgical***

**Methods**

* type, dose, route of administration of medical methods
* type of surgical method (aspiration, D&C)

**Management**

* information, counselling
* anaesthesia used
* analgesia used (during/after)
* side effects

1. ***Surgical vs surgical***

**Methods**

* vacuum aspiration
* D&C
* Combined
* manual vacuum aspiration
* ultrasound guided evacuation

**Management**

* information, counselling
* anaesthesia used
* analgesia used (during/after)
* office vs hospital
* routine antibiotics
* route, dose, type, duration of antibiotic
* cervical ripening (type/route of administration/dose
* side effects